11

SENIOR HIGH SCHOOL

DEPARTMENT OF EDUCATION
SCHOOLS DIVISION OF NEGROS ORIENTAL
REGION VII
Kagawasan Ave., Daro, Dumaguete City, Negros Oriental

Disciplines and Ideas in the Applied Social Sciences

Quarter 3 – Module 5:
Social Work

ALTERNATIVE DELIVERY MODE
ADM

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Disciplines and Ideas in the Applied Social Sciences – Grade 11
Alternative Delivery Mode
Quarter 3 – Module 5: Social Work
First Edition, 2020

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11

Disciplines and Ideas in the Applied Social Sciences

Quarter 3 – Module 5: Social Work

Introductory Message

For the facilitator:

Welcome to the Disciplines and Ideas in the Applied Social Sciences 11 Alternative Delivery Mode (ADM) Module on Social Work!

This module was collaboratively designed, developed and reviewed by educators both from public and private institutions to assist you, the teacher or facilitator in helping the learners meet the standards set by the K to 12 Curriculum while overcoming their personal, social, and economic constraints in schooling.

This learning resource hopes to engage the learners into guided and independent learning activities at their own pace and time. Furthermore, this also aims to help learners acquire the needed 21st century skills while taking into consideration their needs and circumstances.

In addition to the material in the main text, you will also see this box in the body of the module:

Notes to the Teacher

This contains helpful tips or strategies that will help you in guiding the learners.

As a facilitator, you are expected to orient the learners on how to use this module. You also need to keep track of the learners' progress while allowing them to manage their own learning. Furthermore, you are expected to encourage and assist the learners as they do the tasks included in the module.

For the learner:

Welcome to the Disciplines and Ideas in the Applied Social Sciences 11 Alternative Delivery Mode (ADM) Module on Social Work!

This module was designed to provide you with fun and meaningful opportunities for guided and independent learning at your own pace and time. You will be enabled to process the contents of the learning resource while being an active learner.

This module has the following parts and corresponding icons:

What I Need to Know	This will give you an idea of the skills or competencies you are expected to learn in the module.
What I Know	This part includes an activity that aims to check what you already know about the lesson to take. If you get all the answers correct (100%), you may decide to skip this module.
What's In	This is a brief drill or review to help you link the current lesson with the previous one.
What's New	In this portion, the new lesson will be introduced to you in various ways; a story, a song, a poem, a problem opener, an activity or a situation.
What is It	This section provides a brief discussion of the lesson. This aims to help you discover and understand new concepts and skills.
What's More	This comprises activities for independent practice to solidify your understanding and skills of the topic. You may check the answers to the exercises using the Answer Key at the end of the module.
What I Have Learned	This includes questions or blank sentence/paragraph to be filled in to process what you learned from the lesson.
What I Can Do	This section provides an activity which will help you transfer your new knowledge or skill into real life situations or concerns.
Assessment	This is a task which aims to evaluate your level of mastery in achieving the learning competency.
Additional Activities	In this portion, another activity will be given to you to enrich your knowledge or skill of the

	lesson learned.
Answer Key	This contains answers to all activities in the module.

At the end of this module you will also find:

References — This is a list of all sources used in developing this module.

The following are some reminders in using this module:

1. Use the module with care. Do not put unnecessary mark/s on any part of the module. Use a separate sheet of paper in answering the exercises.
2. Don't forget to answer *What I Know* before moving on to the other activities included in the module.
3. Read the instruction carefully before doing each task.
4. Observe honesty and integrity in doing the tasks and checking your answers.
5. Finish the task at hand before proceeding to the next.
6. Return this module to your teacher/facilitator once you are through with it.

If you encounter any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator. Always bear in mind that you are not alone.

We hope that through this material, you will experience meaningful learning and gain deep understanding of the relevant competencies. You can do it!

What I Need to Know

Social work professions like other helping professions is one of the most demanding ones. Picture yourself working directly with families in an underprivileged status or areas. Working to assist individuals and families with their needs solve their problems using an eclectic approach. To be effective, a social worker needs to work in close collaboration with many agencies and professionals.

Social work gives a profitable benefit to society. Their contribution to the nation-building is visible in improving the quality of life to develop, implement and coordinate social protection and poverty reduction solutions for the poor, disadvantaged and vulnerable.

MOST ESSENTIAL LEARNING COMPETENCY:

1.1. Identify the goals and scope of social work (HUMSS_DIASS 12-Ie-16)

1.2. Explain the principles and core values of social work (HUMSS_DIASS 12-Ie-18)

1.3. Explain the roles and functions of social workers (HUMSS_DIASS 12-Ie-19)

1.4. Identify specific work areas in which social workers work

(HUMSS_DIASS 12-Ie-20)

1.6. value rights, responsibilities, and accountabilities (HUMSS_DIASS 12-Ie-22)

1.7. distinguish between ethical and unethical behavior among practitioners

(HUMSS_DIASS 12-Ie-23)

At the end of the module, you should be able to:

1. Distinguish the goals, scope, principles, functions, roles, responsibilities, work areas, and code of ethics in social work.
2. Illustrate the different processes and methods involved in undertaking social work.
3. Realize the value of doing social works to individuals, groups, organizations, and communities.

What I Know

(*Pre-Test*)
Directions: Choose the letter of the correct answer among the choices given. Write your answers in your notebook.

1. What profession is primarily concerned with organized social service activity that aimed at facilitating and strengthening basic social relationships and the mutual adjustment between individuals and their social environment for the good of the person and society by the use of social work methods?
    a. Teacher
    b. Social Development
    c. Psychologist
    d. Social Work

2. Which of the functions of social work includes providing individual and psychosocial resources?
    a. Restorative
    b. Development
    c. Preventive
    d. Acceptance

3. Which of the following core values a social work must possess?
    a. service, social justice, integrity, and competence
    b. loyalty, reliability, efficiency, and open-mindedness
    c. service, integrity, loyalty, compassion, and respect
    d. social justice, courage, respect, and education

4. Which of the following role of a social worker fights for the rights of others and work to obtain needed resources by convincing others of the legitimate needs and rights of members of society?
    a. Case Manager
    b. Broker
    c. Advocate
    d. Educator

5. What principles of social work provides opportunities for client to express their feelings freely without fear of rejection, censure, or any form of negative sanction?
    a. Acceptance
    b. Objectivity
    c. Purposeful expression of feelings
    d. Controlled emotional feelings

6. Maria is involved in gathering groups of people together for variety of purpose including community development in her hometown. What is her role as a social worker?
    a. Organizer
    b. Facilitator
    c. Manager
    d. Advocate

7. Which of the following is ***not*** a workplace of a social worker?
    a. Nursing homes
    b. Community mental health clinics
    c. Veterinary clinics
    d. Military bases and hospitals

8. Which of the following statement defines *Assessment* as one of the functions of social worker?
    a. data must be gathered that will guide and direct a plan of action to help the client.
    b. negotiates and formulate an action plan.
    c. the social worker must first engage the client in early meetings to promote a
    d. seeking to replace the social worker with a naturally occurring resource.

9. Which statement defines what does a social worker do?
    a. They defend and protect people through enforcement of law and regulations.
    b. They help people cope with challenges in every stage of their lives.
    c. They prepare lesson plans and educating students at all levels.
    d. All of the Above

10. Which of the following statement is ***not*** included in Social Workers' Code of Ethics?
    a. In free men and women living in a free society where poverty, in all its forms, is neither fate nor a punishment but is condition that can and must change;
    b. In the role of social workers agents and advocates of change and the promotion of professionalism, responsibility, and accountability;
    c. It shall possess and actualize a full commitment and devotion to duty;
    d. That our professional practice is deeply rooted in our cultural values;

What's In

I. True or False

Directions: In your notebook, write **TRUE** if the statement is correct, otherwise **FALSE**.

_____1. The counselor does not deal with a mixture of people with different concerns and issues.

_____2. The guidance and counseling services deals with students' concern, most of which are behavioral.

_____3. The counselor deals with individuals who suffered from mental illness/problems.

_____4. The counselor can assess and assist any kinds of problems and concern of individual and group.

_____5. The Guidance Counselors can also work in partnership with other members of the school community.

II. Identification

Directions: Arrange the counselling steps below in their proper order. Write your answer in your notebook.

Goal Setting

Intervention

Relationship Building

Evaluation, Follow-up, Termination or Referral

Problem Assessment

What's New

Read the poem and answer the guide questions in your notebook.

My Life is in Your Hands (From a client's perspective)
by: Stephanie Griffey

I did not choose this life or these struggles that I face
And I don't know how I got here to such a vulnerable state.
Everyone is quick to judge me yet they offer no help.
Can't they see I'm alone here? I'm doing this by myself.
Maybe I've made some mistakes but I did not ask for this.
I don't know how to get out now. These walls are caving in.
The world seems so big and the possibilities so small.
There's no room to breathe here, no one to catch my fall.
So here I stand, no way to cope.
I've come to you, my last source of hope.
Please tell me you have an answer to end the hunger and the pain.
Tell me you can help me to finally live again.
Is there light at the horizon; are there brighter days for me?
I stand at your mercy; do you hear this humble plea?
Can you feed my children and give them care?
Can you give me direction in this world out there?
Can you save me from myself and heal me inside?
Can you explain this hopelessness I feel inside?
Can you take away this anger; can you throw away this rage?
Can you really show me love? Can you erase this hate?
Can you explain to me why my body is so frail?
How did I get here in an empty sail?
Why did he hurt me? The answers are unknown.
He took away my innocence. He invaded my soul.
I want to live. I don't want to cry.
But I've lost the battle for inside I've died.
I may not be here by choice but it isn't by chance;
that you've crossed my path and seen my circumstance.
I've tried everything else there's nothing more I can do.
I've made the first step. The rest is up to you.
So here I am. Fix me if you can.
I give it to you; my life is in your hands.

https://www.socialworker.com/feature-articles/practice/Poetry:_My_Life_is_in_Your_Hands_%28From_a_client%27s_perspective%29/

Guide Questions:

1. What is the poem all about?
2. What is the mood of the speaker?
3. If you are a social worker, how can you help the speaker?

What is It

Social Work/Social Welfare/Social Development

Definition

What is social work? When we hear the word social work, what comes to your mind? Some of the people thought it is about Department of Social Welfare and Development, those who work directly with the low-income families, individuals, and groups. On the other side, it is also viewed as the one who brings street children and families to shelters. Then, what does social work mean?

Social work defined as a profession which is primarily concerned with organized social service activity that aimed at facilitating and strengthening basic social relationships and the mutual adjustment between individuals and their social environment for the good of the person and society by the use of social work methods. *(RA 4373, 195)*

Social Welfare defined as a state of well-being of people in the society. It has two views, namely: residual and institutional. (Melendez, 2018) The residual and institutional models are two different approaches in addressing social welfare issues, such as poverty, hunger and health problems, with the government providing funding and social work. The residual model generally holds that the government should be involved in social welfare only as a last resort safety net when other avenues fail while the institutional model favors continuing intervention as needed, seeing government help as a natural and normal occurrence in people's lives.

Social development is about putting people at the center of development. This means a commitment that development processes need to benefit people, particularly but not only the poor, but also a recognition that people, and the way they interact in groups and society, and the norms that facilitates such interaction, shape development processes. *(https://www.indsocdev.org/defining-social-development.html,2016)*

Goal

The main goal of social work is to improve society’s overall well-being, especially for the most vulnerable populations.

Scope

A basic goal of social work is to facilitate the “social well-being” and “social functioning” of the “person-in-environment”. Each of the key concepts in this statement is essential to the understanding of the scope of social work. The World Health Organization (W.H.O) recognized social well-being as an integral component of a person’s overall state of health, complementary to, but different from, physical, mental, and spiritual well-being. Social functioning refers to the way people perform their social roles and the way societies provide structural supports to help them perform their roles. The person-in-environment perspective recognizes the impact of societal systems such as natural support networks and the formal structures within communities that may enhance or inhibit individual social well-being. At the core of social practice, these concepts guide the work of practitioners in diverse fields of service. However, depending on the chosen area of practice, the roles and responsibilities of social workers can widely vary. For this reason, it is proposed that this scope of practice statement be more clearly defined, to effectively examine the bounds of the social work profession. The scope of social work has several defining elements. *(Canadian Association of Social Workers, 2016)*

Core Values

According to *NASW Social Work of Ethics*, the six core values of social work are:

1. Service – to provide help, resources, and benefits to help people achieve maximum potential.

2. Social Justice – to uphold equal rights, protection, opportunity, social benefits to everyone.

3. Dignity and worth – every person is unique and worthwhile.

4. Importance of human relationships – to value the exchange between so worker and client.

5. Integrity – maintain trustworthiness.

6. Competence – practice within the scope of known skills and abilities.

Focus of Social Work: Social Functioning

Social functioning relates to "fulfill one's roles in society in general, to those in the immediate environment, and to oneself. These functions include meeting one's basic needs and those of one's dependents and making positive contributions to society". *(Barker as cited by DuBois and Miley, 2002)*

Functions of Social Work

a) **Restorative** – this includes restoration of impaired capacities either curative/remedial and/or rehabilitative
b) **Development** – this includes providing individual and psychosocial resources.
c) **Preventive** – this refers to prevention of social dysfunction, social problems, social injustice, and rights violation.

Principles of Social Work

1. **Acceptance** – Manifested in the professional relationship through the expression of genuine concern, receptive listening, intentional responses that acknowledge the other person's point of view, and the creation of a climate of mutual respect.

2. **Affirming individuality** – This means recognizing and "appreciating the unique qualities of the client," are starting where the client is. It requires the professional to
    a) accept the client without bias and prejudice;
    b) avoiding labeling and stereotyping (e.g. referring to a client as "deviant" or abnormal;
    c) recognize and appreciate diversity (e.g. in lifestyles, values, sexual orientation, ideological standpoint); and
    d) critical knowledge of human behavior.

3. **Purposeful expression of feelings** – Social workers provide opportunities for clients to express their feelings freely without fear of rejection, censure or any form of negative sanction. They must not limit themselves to "just the facts".

4. **Non-judgementalism** – This requires social workers to assume a non-blaming attitude and behavior, to avoid concluding that others are good or bad, worthy or unworthy.

5. **Objectivity** – This requires social workers to examine situations and clients in a manner that is not colored by personal feelings, biases prejudices.

6. **Controlled emotional involvement** – This has three components:
    a) sensitivity to express or unexpressed feelings;
    b) understand based on knowledge of human behavior
    c) response guided by knowledge and purpose.

7. **Self-determination** – This is based on the recognition of the right and need of clients to freely decide/make their choices. As social workers, we have the responsibility to create a working relationship where clients can freely choose and decide.

8. **Access to Resources** – Social workers have the responsibility to ensure that clients have or linked to the necessary resources, services and opportunities; "to pay attention to expanding choices, and opportunities for the oppressed and disadvantaged; and to advocate for policy and legislative changes that improve social conditions and promote social justice".

(Adapted from: DuBois, B. and Miley, K. (1992). Social Work: An Empowering Profession, Boston: Allyn and Bacon, pp. 135-141)

Function of a Social Worker

1. **Engagement** – "*The social worker must first engage the client in early meetings to promote a collaborative relationship*". This is where malpractice liability exposure, cyber liability exposure, and general liability exposure begin the social worker's risk exposure.

2. **Assessment** – "*Data must be gathered that will guide and direct a plan of action to help the client*". This is important core function from insurance perspective. When information is documented, these records become client record subject to recent Health Insurance Portability and Accountability Act (HIPAA) of 1996 legislation, which holds the social worker liable for breach by third parties.

3. **Planning** – "*Negotiate and formulate an action plan*".

4. **Implementation** – "*Promote resources acquisition and enhance role performance*".

5. **Monitoring/Evaluation** – "*On-going documentation through short-term goal attainment of the extent to which client is following through*".

6. **Supportive Counseling** – "*Affirming, challenging, encouraging, informing, and exploring options*".

7. **Graduated Disengagement** – *Seeking to replace the social worker with a naturally occurring resources*".

Roles and Responsibilities of Social Work

Roles of a Social Worker

Broker

The social worker is involved in the process of making referrals to link a family or person to needed resources. Social work professionals do not simply provide information. They also follow up to be sure the needed resources are attained. This requires knowing resources, eligibility requirements, fees and the location of services.

Advocate

In this role, social workers fight for the rights of others and work to obtain needed resources by convincing others of the legitimate needs and rights of members of society. Social workers are particularly concerned for those who are vulnerable or are unable to speak up for themselves. Advocacy can occur on the local, county, state or national level. Some social workers are involved in international human rights and advocacy for those in need.

Case Manager

Case managers are involved in locating services and assisting their clients to access those services. Case management is especially important for complex situations and for those who are homeless or elderly, have chronic physical or mental health issues, are disabled, victims of domestic or other violent crimes, or are vulnerable children.

Educator

Social Workers are often involved in teaching people about resources and how to develop particular skills such as budgeting, the caring discipline of children, effective communication, the meaning of a medical diagnosis, and the prevention of violence.

Facilitator

In this role, social workers are involved in gathering groups of people together for a variety of purposes including community development, self-advocacy, political organization, and policy change. Social workers are involved as group therapists and task group leaders.

Organizer

Social Workers are involved in many levels of community organization and action including economic development, union organization, and research and policy specialists.

Manager

Social Workers, because of their expertise in a wide variety of applications, are well suited to work as managers and supervisors in almost any setting. As managers, they are better able to influence policy change and/or development, and to advocate, on a larger scale, for all underprivileged people.

(https://www.csc.edu/socialwork/careers/roles/index.csc)

Responsibilities of a Social Worker

1. Counsel individuals, groups or families
2. Maintain case histories and prepare reports
3. Serve as liaison between schools, hospitals or government agencies and individuals or families
4. Advocate for clients or patients to resolve crises
5. Develop and review service plans in consultation with clients
6. Investigate client issues and propose a plan for resolution
7. Supervise other social workers

(Adapted from: https://wurzweiler-online.yu.edu/blog/the-responsibilites-of-social-workers/Yeshiva-SocialWorker.pdf)

Areas of Specialization where Social Worker can work and Career Opportunities

No matter the area of specialty that a social worker chooses to enter into, it is always to his or her best benefit to earn a master's degree in social work. Earning this type of credential tends to take about seven years.

People often go to college with hopes of earning a degree in which they can use to truly make a difference in the lives of those around them. Unfortunately, after spending much money and time, a degree is earned and little difference is accomplished. On the upside, however, this doesn't ring true for those who choose to earn a degree in social work. When it comes to earning this type of degree, it should be noted that there are several specialty fields that one can enter into. Let's dive right in and take a close look at five of the more common specializations.

Mental Health

A master's degree is not always required to enter into the field of social work; however, it can be of the utmost benefit, especially when going into the mental health sector. When a person has the desire to perform clinical services, a master's degree is required, as well as the appropriate type of licensure. In this line of work, a person will provide a wide array of mental health services, including therapy, counseling, diagnosing mental health conditions and much more.

Medical/Public Health

There has always been, and will always be, a high demand for social workers who work in the medical field. There are many settings that a person can find employment in as a medical social worker, including hospitals, nursing homes, assisted living facilities, substance abuse treatment centers, home health agencies and more. In this occupation, a social worker spends his or her time advocating for the rights of his or her patients.

Child Welfare

Many people who enter into the field of social work do so with the intentions of becoming a child welfare worker. This line of work is often one that is emotionally demanding as well as one that includes working odd hours. Child welfare workers are often on-call all hours of the day. They must meet with clients and report changes and updates to judges on a regular basis. The custody arrangements of the cases they handle are generally left in their hands, making this occupation one with much responsibility.

Substance Abuse

Another common area specialization found in the field of social work is substance abuse. Choosing to enter this sub-specialty can land a person a job in any of the following settings:

- Juvenile detention centers
- Mental health centers
- Substance abuse treatment facilities
- Non-profit organizations
- Prisons
- Jails

Those who choose to become a social worker who specializes in substance abuse spend their time helping those who have become addicted to drugs. The true value of this position should never be underestimated.

School Social Work

Another common specialization found in social work is that of school social work. As a school social worker, a person will work as a mediator between students,

teachers and students' families to make sure everyone is on the same page. Many times, a school social worker will be in charge of particular programs, including:

- Crisis intervention
- Behavioral intervention programs
- Health education
- Truancy prevention
- Sexual education

(Adapted from: https://www.socialworkdegreecenter.com/are-there-any specializations-within-social-work)

Workplace of a Social Worker

Social workers typically in the following settings:

- ✓ Hospitals and clinics
- ✓ Nursing Homes
- ✓ Community mental health clinics
- ✓ Private practices
- ✓ State and local governments
- ✓ Schools
- ✓ Colleges and Universities
- ✓ Substance Abuse clinics
- ✓ Military bases and hospitals

Social Workers' Code of Ethics

We, the members of the Philippine Association of Social Worker's, Inc. believing:

- In the inherent worth and dignity of all persons emanating from a Supreme Being who directs our actions of love for one another;
- That every human being has natural and social rights, capacities and responsibilities to develop his full potentials as human being;
- In the human being's capacity to change and recognize the value of unity in diversity, individual differences and pluralism in society;
- In free men and women living in a free society where poverty, in all its forms, is neither a fate nor punishment but is a condition that can and must be changed;
- In the family as the basic unit of society and its vital role in the growth and development of the individual, the family system, and the community;
- That the government, the private sector and the public have a joint responsibility to promote social justice and to ensure the political, economic and social well-being of all people;
- In the role of social workers as agents and advocates of change and in the promotion of professionalism, responsibility and accountability; and;
- That our professional practice is deeply rooted in our cultural values,

- DO HEREBY DECLARE that we will abide by these in our standards of ethical conduct.

About Self and the Profession

- ✓ To conduct myself in a manner consistent with the philosophy, principles, values, and beliefs of the social work profession;
- ✓ To act at all times with honesty, openness, and transparency in all my professional transactions;
- ✓ To constantly work towards my professional advancement so as to contribute to the promotion of the social work practice;
- ✓ To contribute time and professional expertise to activities that promote respect for the integrity and competence of social workers;
- ✓ To share research knowledge and practice wisdom to colleagues and other professionals;
- ✓ To be vigilant and act to prevent the unauthorized and unqualified practice of social work;
- ✓ To support the professional association duly organized and constitute for the professional welfare of all social workers;
- ✓ To respond and volunteer my professional services in times of emergency;
- ✓ To uphold and protect the dignity and integrity of the profession; and
- ✓ To promote cultural values that will enhance the practice of social work profession.

About Clients

- ✓ To uphold the basic human rights of client and serve them without discrimination;
- ✓ To accept primary responsibility and accountability to clients, respecting their right to self-determination and observe confidentiality in all my dealings with them;
- ✓ To seek out the marginalized and ensure equal access to the resources, services and opportunities required to meet basic needs; and,
- ✓ To expand choice and opportunity for all persons, with special regard for disadvantaged or oppressed groups or persons.

About Colleagues

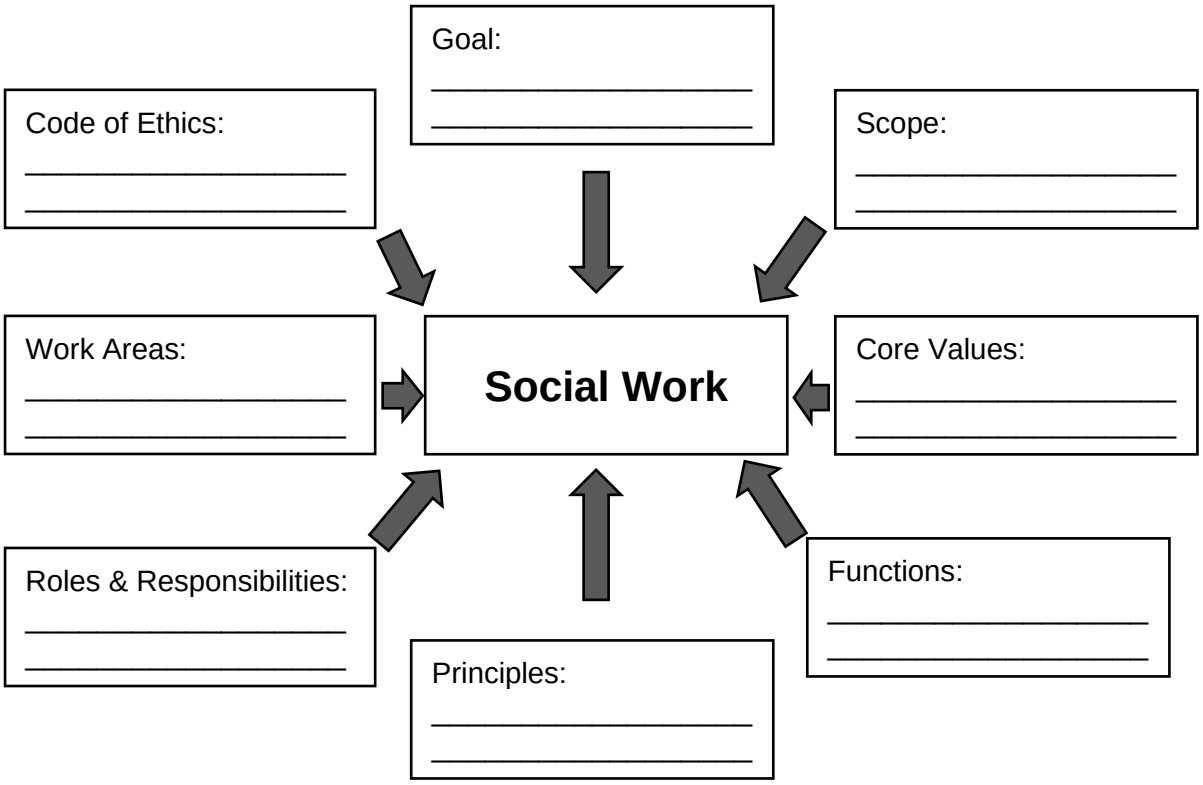
- ✓ To acknowledge and respect the professional expertise of other disciplines, extending all necessary cooperation that will enhance effective services;
- ✓ To bring any violation of professional ethics and standards to the attention of the appropriate bodies inside and outside the profession, and ensure that relevant clients are properly involved; and

- ✓ To advocate with legislative and policy bodies for the welfare of all colleague *Social Workers' Code of Ethics (Adapted from http://www.paswi-national.org/?file=about-us/code-of-ethics, 2016)*

What's More

Directions: Complete the graphics organizer below by writing in the boxes that show the different processes and methods involved in undertaking social work.

Draw the graphics organizer in your notebook and answer it by writing at least 2-3 sentences describing the different processes and methods.



Rubric:

Category	5	3	1
Content	The content is relevant, understandable, complete and substantial	The content is understandable, and substantial yet incomplete	The content is irrelevant, unsubstantial and incomplete
Readability of Text	All text are readable and	Some text are readable and not	Most of the text are not readable

	legibly written	legibly written	and legibly written
Spelling and Grammar	No errors in grammar and spelling	3-5 errors in grammar and spelling	More than 5 errors in grammar and spelling

What I Have Learned

Directions: Answer the following questions truthfully. Write your answers in your notebook.

1. Give at least two in each of the following:

Goals and Scope: _____

Principles: _____

Functions: _____

Roles and Responsibilities: _____

Work areas: _____

Code of ethics in social work: _____

2. What is it like being a social worker?

_____
_____
_____
_____

Rubric:

Category	5	3	1
Content	The content is relevant, understandable, complete and substantial	The content is understandable, and substantial yet incomplete	The content is irrelevant, unsubstantial and incomplete
Readability of Text	All texts are readable and legibly written	Some texts are readable and not legibly written	Most of the text are not readable and legibly written
Spelling and Grammar	No errors in grammar and spelling	3-5 errors in grammar and spelling	More than 5 errors in grammar and spelling

What I Can Do

Reflect on yourself after studying this chapter. What have you learned or realized so far?

Directions: In your notebook, write a reflection paper entitled “Myself as a Social Worker”. Include in your reflection paper are the processes and methods you will undertake and what approach you will use if ever. You will write your reflection paper in paragraph form and must contain not less than 200 words.

“MYSELF AS A SOCIAL WORKER”

_____
_____
_____
_____.

_____
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_____.

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Rubrics:

	Exemplary 4 points	Sufficient 3 points	Minimal 2 points	Beginning 1 point
Reflection on Existing Knowledge	Critically reviews existing knowledge, questions assumptions, and articulates new perspectives as a result of experience	Active and careful consideration of existing knowledge and articulates new understanding of knowledge as a result of experience	Makes use of existing knowledge without an attempt to evaluate/appraise knowledge; demonstrates understanding but does not relate to other experiences or personal reaction	Automatic/superficial responses with little conscious thought or reference to existing knowledge; responses are offered without attempting to understand them

Connection to Academic Concepts	Demonstrates superior connection between experience and class content (concepts/theories) and literature; evidence of application of theory and reconstruction of perspective	Demonstrates clear connections between experience and class content (concepts/theories); evidence of application of theory.	Connects experience with class content (concepts/theories) but remains superficial or abstract	Connections are not drawn between experience and class content (concepts/theories) or literature
Evidence of Development	Articulates transformation of their perspective of themselves or about a particular issue/concept/ problem as a result of experience	Articulates new understanding/insights about self or particular issue/concept/ problem as a result of experience	Limited/superficial insight about self or particular issue/concept/ problem as a result of experience	No evidence of insights about self or particular issue/concept/ problem as a result of experience
Clarity	Consistently accurate and clear wording and sentence structure.	Mostly detailed and mostly clear writing and sentence structure.	Some words are inaccurate or ambiguous. Confusing sentence structure.	Consistently inaccurate or ambiguous wording, confusing sentence structure.

Adapted from: https://brocku.ca/pedagogical-innovation/wp-content/uploads/sites/53/Critical-Reflection-Rubric.pdf

Assessment

(*Post-Test*)

Directions: Choose the letter of the correct answer from among the choices given. Write your answers in your notebook.

1. What profession is primarily concerned with organized social service activity that aimed at facilitating and strengthening basic social relationships and the mutual adjustment between individuals and their social environment for the good of the person and society by the use of social work methods?

a. Teacher
b. Social Development
c. Psychologist
d. Social Work

2. Which of the functions of social work includes providing individual and psychosocial resources?
    a. Restorative
    b. Development
    c. Preventive
    d. Acceptance

3. Which of the following core values a social work must possess?
    a. service, social justice, integrity, and competence
    b. loyalty, reliability, efficiency, and open-mindedness
    c. service, integrity, loyalty, compassion, and respect
    d. social justice, courage, respect, and education

4. Which of the following role of a social worker fights for the rights of others and work to obtain needed resources by convincing others of the legitimate needs and rights of members of society?
    a. Case Manager
    b. Broker
    c. Advocate
    d. Educator

5. What principle of social work provides opportunities for client to express their feelings freely without fear of rejection, censure, or any form of negative sanction?
    a. Acceptance
    b. Objectivity
    c. Purposeful expression of feelings
    d. Controlled emotional feelings

6. Maria is involved in gathering groups of people together for variety of purposes including community development in her hometown. What is her role as a social worker?
    a. Organizer
    b. Facilitator
    c. Manager
    d. Advocate

7. Which of the following is ***not*** a workplace of a social worker?
    a. Nursing homes
    b. Community mental health clinics
    c. Veterinary clinics
    d. Military bases and hospitals

8. Which of the following statement defines *Assessment* as one of the functions of social worker?
    a. data must be gathered that will guide and direct a plan of action to help the client.
    b. negotiates and formulate an action plan.
    c. the social worker must first engage the client in early meetings to promote a
    d. seeking to replace the social worker with a naturally occurring resource.

9. Which statement defines what does a social worker do?
    a. They defend and protect people through enforcement of law and

regulations.

b. They help people cope with challenges in every stage of their lives.
c. They prepare lesson plans and educating students at all levels.
d. All of the Above

10. Which of the following statement is ***not*** included in Social Workers' Code of Ethics?
    a. In free men and women living in a free society where poverty, in all its forms, is neither fate nor a punishment but is condition that can and must change;
    b. In the role of social workers agents and advocates of change and the promotion of professionalism, responsibility, and accountability;
    c. It shall possess and actualize a full commitment and devotion to duty;
    d. That our professional practice is deeply rooted in our cultural values;

Additional Activities

Directions: In your notebook, make a solution where you will solve a given problem based on the processes and methods in undertaking a social work. Write at least 2-3 sentences for each given problem.

1. Post-Disaster

_____
_____
_____.

2. Cyberbullying

_____
_____
_____.

Rubric:

Category	5	3	1
Content	The content is relevant, understandable, complete and substantial	The content is understandable, and substantial yet incomplete	The content is irrelevant, unsubstantial and incomplete
Readability of Text	All texts are readable and legibly written	Some texts are readable and not legibly written	Most of the text are not readable and legibly written
Spelling and Grammar	No errors in grammar and spelling	3-5 errors in grammar and spelling	More than 5 errors in grammar and spelling

Answer Key

What I Know (Pre-Test)
Assessment (Post-Test)

1. d
2. b
3. a
4. c
5. c
6. b
7. c
8. a
9. b
10. c

What's In

I.
1. FALSE
2. TRUE
3. TRUE
4. TRUE
5. TRUE

II.
Relationship Building
Problem Assessment
Goal Setting
Intervention
Evaluation, Follow-up, Termination or Referral

What's New

Answer may vary

What I can Do

Answer may vary

What's More

Answers may vary

Additional Activities

Answer may vary

What I have learned

1. Goal - improve society's overall well-being
   Scope - facilitate the "social well-being"
   Principles – Acceptance, Affirming individuality
   Functions – Engagement, Assessment
   Roles – Broker, Advocate
   Responsibilities - Counsel individuals, groups, or families
   Work Areas - Hospitals and clinics, Nursing Homes
   Code of Ethics - To uphold and protect the dignity and integrity of the profession and to uphold the basic human rights of client and serve them without discrimination
2. Answer may vary

References

Book

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Teachers Guide

Most Essential Learning Competencies (MELC)

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Melendez, Steven. 2018. PocketSense. November 2. Accessed 08 4, 2020. https://pocketsense.com/differences-residual-institutional-social-work-7099.html.

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